



Essex Federation
News Sheet

Now in its sixty-ninth year



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2017

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**EF NEWS
SPRING
2017**

FROM THE CHAIRMAN

Here are two life stories that illustrate what the modern WEA is about.

The first has been told at Regional Council meetings, awards ceremonies and to Members of Parliament. It is the story of Lisa, told by herself and soon to be seen on YouTube, who left school at 16, unexpectedly pregnant, finding life tough and frightening, having escaped from an abusive relationship, feeling isolated, demoralised and facing one desperate challenge after another. It was a chance meeting with a WEA tutor at the gates of her child's school that changed her life. Of course she had never heard of the WEA, but was encouraged to resume her long-interrupted education, joining a Take Part course in active citizenship. Initially nervous and reticent, she began to feel comfortable in her class and able to speak up, steadily growing in confidence. She went on to form a local Parent Teachers Association and help and inspire others to conquer deprivation. Invited to speak publically in London of her experiences, she visited the city and travelled by Tube for the first time since early childhood and now is a passionate ambassador for our Association.

For the second I am indebted to Moyra Riseborough of the North East Region of the WEA, who read out a letter at a meeting of the Association Council that I attended for the first time recently as your Eastern Region Representative. Here are some extracts from the letter from Marjorie Rear, who had recently discovered the WEA and joined a branch Literature class. Sadly, Marjorie died the week before Council met. However, her letter conveys her joy at discovering in herself late in life, over fifty years after she left education and took her first job, a love of literature and the classics:

“I have been able to appreciate for the first time the universality of the Greek myths and legends and the themes of the Greek plays. I have now realised how much Western civilisation depends for its literature, art and music on these things and am beginning to understand how later writers, artists and composers have taken them and used them as the basis of their own works. ... I find I am really looking forward to next term's classes and chipping away a bit further at my ignorance. I very much appreciate how fortunate I have been to start the course with this term's

classical content. I could not have asked for any better grounding for future studies whatever they may be . . .”

The WEA has social purpose and education for individual and community health and well being at the heart of its mission. We use slogans such as ‘Learning for Life’ and ‘Adult Education That’s Within Reach’ in our publicity. These stories help to illustrate what these mean. We educate for Life, not just for work; we provide for adults of all ages, from youth to the end of life; there are no age limits to learning and should be no age limits to public funding for learning in a civilised society concerned for the well-being of all its citizens. For adult education to be within reach of all it must provide classes that are affordable, free where necessary, located within reach of students’ homes, whether it be their children’s school or the village hall. In branch WEA classes we can help to fulfil our mission, providing tuition and educational and social interaction for an hourly cost that is less than that of a coffee and a piece of cake in a garden centre cafe.

Ron Marks

ESSEX PARTNERSHIP PROGRAMME

Courses in 2015-16

We have delivered 154 courses in partnership with other organisations over the past year, working with more than 20 partners and contributing 2588 course hours to the regional target.

63 courses were delivered through our successful partnership with Basildon Education Services Trust or BEST where Sally Ridealgh has reinvigorated an old partnership. BEST work with over 20 schools in some of the most deprived areas of Basildon.

Once again we are working with Clacton Coastal Academy. This partnership has delivered 14 courses in the last year with mindfulness and complimentary therapy proving to be highly popular on this area of need. In addition to the work with BEST and Clacton Coastal Academy we also worked with parents through three different children's centres. We delivered courses to people with mental health difficulties in partnership with 4 charities. Working with Tabor centre (a day care centre) in Braintree we provided opportunities for people with physical and or sensory impairment. In addition we have provided courses for the Job Centre and worked with ex offenders through Essex Community Rehabilitation Company. As you can see the work is very varied. Through the hard work of the team the average enrolments on these courses increased to over 11 per course from just over 10 in the previous year. The lowest enrolments were from the Job Centre.

Sarah Moore Area Learning Manager

[Sarah also gave the Federation 2016 AGM the written reflections of two of the ladies who had taken courses at Clacton. One is summarised and one given in full below. The names have been changed to protect their anonymity . More courses and partnerships are being set up as we go to press - Ed]

Clacton Coastal Community Centre (CCC) and WEA in partnership Alice's Story

In her own words Alice described how adjusting to parenthood and redundancy triggered a period of depression and anxiety. WEA courses in art and confidence building at CCC enabled her to appreciate her family, develop a hobby, improve her confidence and return to employment.

I recently applied for another job, this time in a school office so the hours will fit around my family commitments and was successful - I start in June. I am very proud of myself for having the guts and confidence to apply and give a strong interview as it is very hard to get work in schools. I have got my self-respect back and discovered a long hidden talent in my Art work. I am now doing a watercolour course so I can add painting to my repertoire. I would love to eventually be able to exhibit and sell my work – I now know that with determination and enough practice this goal is achievable and could soon be a reality.

I appreciate it is normal to feel apprehensive of change, but that if you persevere you can improve your life significantly. I have better future prospects now and my general well-being and happiness, and that of my family members, has also improved as a direct result of me attending the WEA courses.

I truly credit Natalie (WEA tutor) and her teaching with the changes in my life. She saw both the potential in my Art and the weaknesses that were holding me back in this and other areas (perfectionism and low self-esteem). When I first came to her classes I wasn't working and had a very low opinion of myself. I now have two part time jobs, improved confidence and a love of Art and drawing. She provides encouragement and offers constructive criticism to allow each person to achieve to the best of their abilities. I have a greater appreciation of Art and other Artists work, even now visiting galleries. I even look at the world differently now, taking the time to study colour / form and the effect things like light and water can have on items. She has put my life into perspective, in more ways than one.

Thank you!

Pearl' s Story

Pearl worked as an IT trainer for the NHS before starting a family and whilst raising her family, worked voluntarily as a Secretary at Sure Start for The Parent Voice Group. During this time she attended Parenting courses at Clacton Coastal Community Centre. Whilst there Community Support Worker position was advertised for 3 hours a week, which Pearl was successful in gaining. As part of this new role Pearl attended a partnership network meeting on behalf of Lee Knight, the Centre Manager, the WEA was represented at this meeting and Pearl approached them to see if it would be possible to run a Mindfulness course at the Coastal Community Centre. As a result of this interaction the WEA in conjunction with Pearl and the centre manager organised a course for centre users on this topic.

Pearl attended this WEA Mindfulness course, in autumn 2015, as a student and since completing, Pearl has continued to develop her skills in this field both personally and professionally. Pearl has said that the techniques she has learnt helped her to cope with everyday issues. The subject also inspired her to set up an on-going support group for the students who were on the course. Pearl sought advice from the Coastal Community Centre on how she could set up such a group, and along with the support from the tutor, has managed to set up a weekly meeting for those that wanted to continue with Mindfulness after the course ended. They now meet weekly in the Coastal Community Centre and do many activities including taking part in a mindfulness body scan and creating their own art journals. The group discuss issues surrounding mindfulness, such as negative thinking in a confidential, safe and supportive environment. Whilst the group benefits the attendees, Pearl finds it of a great benefit to herself. The groups ongoing success is down to Pearl who asked for and took on board feedback from the students, she considered the day and time to run the course that fitted the needs of others. Initially the room she used at first wasn't suitable, so she liaised with the Coastal Community Centre to establish her group in another more appropriate room. Pearl was willing to fit the group around the needs of those that were attending and listened to their requirements to have the best outcome for the attendees. Pearl believes that adult learning is important after having a family to stimulate and keep the brain active and has benefited on a

personal level from her own learning as well as being better placed to support her family and the wider community who, without Pearl, would not have the opportunity to continue to meet weekly for mutual support.

CHELMSFORD BRANCH COMMUNITY PROGRAMME

Recently there has been a move to increase awareness across the Region of the activities of our Community or Targeted programme. Chelmsford has already undertaken several cross curriculum courses such as T'ai Chi and Wildlife Drawing and recently the Federation held a successful day on Mindfulness. At the Regional Council Meeting in November, members of the Basildon Canvas Art group received certificates and spoke passionately about what the course means to them. Many members have disabled children or, indeed, suffer health problems themselves and the group has become a strong and welcome vehicle for mutual support. Unfortunately, this year their funding partner has withdrawn so to enable the class to continue, ways to support them will need to be found. The Federation is helping financially and the group are talking about selling their art work and perhaps holding an art history one day school - overlap between the programmes again but this time the other way. If this happens, I do hope you will consider supporting them by attending the event. We now receive information about all targeted courses and if you would like to see this, let us know. Some are full courses, others may just be one session but all widen our offer.

Jane Dougan

BILLERICAY BRANCH
Autumn Course 2016
Russia in Revolution 1900 - 1930
Tutor - Ted Woodgate

The room was packed each week for this fantastic course by Ted Woodgate. Despite being by far the youngest in the class, I was made to feel welcome by everyone. In fact, I was very impressed with the atmosphere as a whole. Unlike in formal education, even sometimes at university levels, having a class of entirely voluntary learners makes for a thoughtful and engaged audience. Ted was happy to field questions and allow people to expand on points they were familiar with.

Ted provided a selection of materials from films and documentaries which really helped us understand how people might have felt at the time. The series of maps we were handed out illustrated issues that arose from the sheer scale of the country, and he encouraged us to discuss between ourselves how we might have tackled Russia's problems.

All in all, a clear picture was painted of the events leading up to and following the Russian revolution. Ted helped us understand the flaws in the Tsarist system which preceded the revolution and led to its overthrow. I spoke to other attendees who expressed how interesting they found the course, whether they were new to the subject or familiar with it.

Thank you Ted, and as the Russians say, “za zdarovye! “

Daniel Fisher

Photographs –WEA Billericay Class and Student Sandra Martin(fellow Russian Speaker) presents a thank you “za zdaarovye” and “cheers” to tutor Ted Woodgate



BRIGHTLINGSEA BRANCH
Autumn Term Course: Literature and Revolution in Russia
Tutor: Anat Vernitsky

Our September course focused on Russian Literature linked to the Revolution and its writers. We had previously studied the Russian Revolution and decided it would be of interest to look at the literature of the period. Our tutor Anat Vernitski chose a selection of post Revolution Russian writers that gave an insight into what was happening. Many of the writers of this time had to emigrate to other parts of Europe, their books were often not published until many years later. This was due to censorship. We read *The Heart of the Dog* by Bulgakov. This was an unusual story, serious in content but also very amusing that revealed veiled agendas of the main characters. Early experimentation that did not go quite to plan – a good read.

Our main book was *The Ratcatcher* by Marina Tsvetaeva, one of the emigres. This was not what many of us had expected. It was a lyrical, thoughtful, satirical poem based on the well-known legend of *The Pied Piper of Hamlin*. Most of us knew this from the Robert Browning poem of this name. However, *The Ratcatcher* was darker and very different. It did not look kindly on the smug people of Hamlin. The words flowed and the pictures/characters drawn were exciting, sad but always challenging. It is thought that the Rats were symbolic of the Bolsheviks and any reference to the Rats in early publications were erased (more censorship). The Piper was referred to as the Flute, not the Piper of the Browning poem. Most found the Ratcatcher a challenging poem and there was a satisfaction in understanding the content.

Reading these modern works gave us an insight into not only the world of the writers but also the world they inhabited. Many of them did not have happy, straight forward lives and some did not survive to see their works acknowledged or published.

Anat was extremely knowledgeable and fluent in the Russian language. She read some of the poem to us in Russian, which was a treat.

A great extra for us was that, through Anat, we invited Angela Livingstone to come and talk about *The Ratcatcher*. She is an Emeritus Professor at Essex University and the translator of the Ratcatcher from Russian to English. It was an informal meeting and we had prepared some questions

beforehand. She answered these with great clarity and knowledge. She was very modest about her ability to translate, the Ratcatcher is difficult and her translation has been acclaimed. She spoke of Tsvetaeva and other writers and more about the Legend of the Ratcatcher. She also read six short poems, by Tsvetaeva, which were wonderful. Angela still does translations and helped us to learn so much more. For us her visit was the icing on our Russian Literature cake.

Anne Ingram (Chairperson)

TIPTREE BRANCH
Wildlife and Habitats of East Anglia
Tutor: Alex Bass

We discovered the history of various conservation organisations, including the National Trust, Country Wildlife Trusts and the RSPB.

We learned how many other reserves were developed, and examined a wide range of habitats such as those at the RSPB Minsmere, the Suffolk and Norfolk Broads, Breckland, the Essex marshes, the Fens and the coastal areas. We have learned to recognise a wide variety of birds, butterflies, plants and mammals.

Students have enjoyed contributing their own knowledge and observations and have very much appreciated Alex's expertise and genuine joy in passing on his love of the countryside in East Anglia. His imitation of birdsongs will long be remembered.

Chris Gunton

At the end of the Course we sadly said goodbye to Chris Gunton who had been our secretary for 10 years as she was moving to Norfolk.

Jacquie Stevens

COLCHESTER BRANCH

Lust, Lies and Opera

Tutor: Chris Green

The Colchester group travelled back in time, led by their guide Chris Green, to discover the origins of opera and whether the course would live up to its somewhat provocative title. (It did!}.

The earliest operas looked to the theatre of Ancient Greece for their themes, with Monteverdi's Coronation of Poppea and Purcell's Dido and Aeneas appearing in the mid 17th century and followed by Gluck's Orfeo and Euridice. Handel was also similarly influenced by the classical period.

In the 18th century political and social issues began to transform opera so that plots centring on everyday life replaced the earlier mythological themes. Larger opera houses were built to accommodate larger orchestras and there was a greater integration of words and music. More emphasis was placed on the libretto and the dramatic presentation, rather than being a vehicle for the set-piece aria. Mozart, of course, was the towering figure of this movement. We enjoyed listening to an extract from the Marriage of Figaro and gave a more mixed reception to an avant garde production of Don Giovanni which involved him lying upside down on a sofa, throwing popcorn and singing the while.

The dawn of the nineteenth century brought new ideas as war and revolution swept Europe and art and music reflected these changes. As an example of this, we listened to the Prisoners' Chorus from Beethoven's Fidelio. Meyerbeer became the architect of Grand Opera with greater emphasis on the orchestra and large choruses and spectacle. The focus of opera now shifted to Italy with the advent of bel canto singing. The tenor and the soprano were supreme, displaying vocal gymnastics and high sustained notes. Composers of this time included Rossini, Donizetti and Bellini. The last part of this century was dominated by Verdi who was also involved in the struggle for Italian unification. We could only sample a small selection of his numerous operas --- Nabucco, Rigoletto, Aida and Falstaff.

Meanwhile in Germany Richard Wagner was making his name. He too was interested in the politics of his country and the desire for unification. He based his operas on German folk lore. Chris unravelled for us the plot of the Ring cycle, no mean feat! Wagner was described as "A one man artistic movement" as composer, dramatist and scenic designer.

The twentieth century was ushered in by Puccini with his operas Tosca, La Boheme and Turandot. The Romantic period was now over and the trend was for Modernism and Musical Theatre. Richard Strauss's Salome amply fulfilled the title of this course as did Alan Berg's Lulu. There was time for Kurt Weill and his Threepenny Opera ,for Stephen Sondheim and Sweeny Todd and an honourable mention for Walton and Britten.

This report gives only a flavour of the course, with much omitted for the sake of brevity. We are all indebted to Chris for sharing his insights and vast musical knowledge with us, enlivened by considerable humour.

A final quote from Franco Zeffirelli: "I have always believed that opera is a planet where the muses work together, join hands and celebrate all the arts".

Barbara van Staveren

COGGESEHALL BRANCH

"Mixing with Music"

Tutor: Quintus Benziger

This was an entertaining and informative course, sadly shortened to only 9 lectures, due to WEA's disappointing change of rules. It was particularly sad because members were greatly enjoying Mr Benziger's creative talks. He looked at how music works alongside architecture, drama, nature, dance, film – and many other subjects.

We had a go at setting poetry to music; analysing the orchestration in Benjamin Britten's Sea Interludes; and matching nations with descriptive music, including a look at instruments associated with both nationality and history. Quintus Benziger managed to encourage lots of participation, without scaring us off from joining in.

We also enjoyed hearing some old favourites, as well as being introduced to current ideas in composition.

A colourful and fascinating course to be strongly recommended.

Susan Baines

WRITTLE BRANCH

Autumn Report 2016

In September 2016 the Tuesday morning class were very grateful to **Roger Beckett** for stepping in at short notice when our original lecturer resigned from the WEA. He gave us **The Great War: Fact, Myth and Memory.**

There was a lot on the news, with the Centenary of the Battle of the Somme, so it was good to learn about the truth behind the huge losses of men. Roger's comprehensive grasp of WW1 was clear, but he managed to cover this huge topic by providing succinct and well-illustrated information on major historic events. Learning about the political situation of the other main combatants was key to the understanding of the impact of those four years and the consequent downfall of three empires. Labour shortages in key areas of the Home Front meant that young women could work, and earn, outside the home. The facts on the cost to the nation and the colossal debt was something I had not realised. In the final session, we explored how this legacy of debt and the widespread European turmoil, set the stage for the renewal of conflict and WW2. It was a wonderfully enlightening course and many thanks from us all.

On Tuesday afternoons, we were welcoming back a popular lecturer, **Graham Platts**, with '**An Introduction to the Sultanate of Oman**'. Graham had taught in Oman and so, gave us a first-hand account of this relatively unknown but fascinating country. The arrival of oil revenue allowed a relatively insular and tribal country to change under its enlightened young leader, Sultan Qaboos bin Said al Said. The geography of the country is beautiful and was well-illustrated by Graham's photos. The session on Oman's sailing fleet, trade contacts with China and the slave trade from Zanzibar was fascinating. Being a language teacher meant that we started each session with some useful Arabic phrases. Graham also shared some interesting artefacts from Oman, including a wonderful ceremonial silver inlaid sword, and each week there was a new recipe to try. Over the forty years of the reign of Sultan Qaboos, he has radically transformed the living standards of the people with first-rate free hospitals and a comprehensive education system. We watched short videos which showed just how far the country has developed. All we need now is a

'Study visit' to round it off. Another most enjoyable course Graham, we are very grateful.

Mary Roberts

On Wednesday evenings, we were delighted to welcome back **David Prynne** to continue part two of his course, **China, Land and People**. David's in-depth knowledge of China, its language, geography, history and culture made this a fascinating course. Each session started with a 'news' section, where we could contribute items we had seen on TV or in the papers, and we always learnt a new symbol, its origin, and how to write it. (The order of the brush strokes is important in Chinese calligraphy.) These little 'extras' and David's command of the spoken language made the country seem so much nearer and more understandable. A great deal of the timescale covered by the course was within a generation or so of my lifetime, and I was horrified to realise how little of the history I really knew. I didn't know that Manchester was exporting textile machinery to China in the early 20th century. I didn't know about the Russo-Japanese and the Sino-Japanese wars ... and so on. David's excellent PowerPoint slides, expertly displayed by his wife, Anne) were a tremendous visual aid. There were helpful maps, pictures of the main protagonists, and of the scenery – the course was an amazing experience. Thank you, David and Anne.

Jane Daniel

Essex Federation Festival of Learning Summer Schools

Chelmsford Monday & Tuesday 19th – 20th June 2017 – 10.15 to 4.15
each day – Essex Record Office

The Huguenots: From religious refugees to pillars of society.

Tutor: Dr. Kathleen Chater

The Plays of Henrik Ibsen: An Introduction.

Tutor: Ron Marks

Colchester Monday & Tuesday 26th – 27th June 2017 – 10.15 to 4.15
each day Castle Methodist Church

Blockbuster Films: How four hit films have looked to the past and to the
future.Tutor: James Clarke

A Russian Journey: An introduction to Russian culture.

Tutor: Anat Vernitski

Fee: £35. To book, complete a booking form available from branches or
download from the Essex Federation website www.wea-essex.org.uk
and send to Mrs Jane Dougan, Wildwood Cottage, Watchouse Road,
Chelmsford CM2 8ND. Tel: 01245 476583 Email: jmd8@post.com.

Essex Federation Spring One Day Schools

Saturday 22nd April 2017 –

11.00 to 3.30 – Feering Community Centre, Coggeshall Road, Feering:
Women's Art in Britain and France. Tutor: Rosanna Eckersley

The Origin of the Blues? Tutors: Ted and Paul Woodgate

Shadow World: Espionage and Intelligence in the Reign of Elizabeth.
Tutor: Simon Doney

The Richard Waskett Memorial Lecture

Wednesday 3rd May 2017 – 2 p.m. Oaklands Museum, Chelmsford

A History of Jewellery.

Tutor: Gordon Bailey

Essex Federation Autumn One Day Schools

Saturday 11th November 2017

– 11.00 to 3.30 – Feering Community Centre, Coggeshall Road, Feering:
The Music Hall: A History of Social Change.

Tutor: Steve Galler

The Medici: Money, Power, Culture and Intrigue.

Tutor: Paul Humphreys

Futurist Fiction in Film: Fritz Lang & Metropolis and others.

Tutor: Laurence Staig

Fee: £12. To book, complete the booking form in the leaflet available from branches and elsewhere or download from the Essex Federation website www.wea-essex.org.uk and send to Mrs Jane Dougan, Wildwood Cottage, Watchouse Road, Chelmsford CM2 8ND. Tel: 01245

476583 Email: jmd8@post.com.

Essex Federation Summer Walks 2017

The new programme of walks for 2017 is listed below. Please note that all walks **MUST** be booked in advance as places are limited. Please note the length of walk. Sensible footwear is recommended, especially for the longer Colchester walk.

6th May – Silver End

Silver End is a Model Village, built by Francis Crittall for his workers in 1925. The walk will be led by a former member of the Silver End Heritage Society.

Length of walk is approximately 2 hours dependent on how many churches can be opened and time spent at the Heritage Centre.

Walkers should meet at the Western Arms pub (where there is plenty of parking) at 10.30 a.m.

Cost £5

18th May – Sudbury ‘Silk’ walk

The streets and buildings of Sudbury are steeped in ‘silk’ history. Find out why Sudbury’s weavers turned from wool to weaving silk and why today Sudbury can proudly claim to be the silk weaving capital of England.

Walkers should meet at the Tourist Information Centre in the Library, Market Hill, at 11 a.m.

Length of walk is approximately 1½ hours. Parking is free for the first three hours in car parks near North Street (Inkerman Row) but a ticket **MUST** be displayed. If planning to stay longer then park at the Kingfisher Leisure Centre or station car park.

Cost £5

1st June – Braintree

Grains, textiles and steel, an exploration of the small Roman town that developed through its medieval market to become the industrial heart of Essex.

Walkers should meet at Braintree District Museum, Manor Street at 10.30 a.m. Length of walk is approximately 1½ hours.

There is parking opposite the Museum and also in the multi-storey which is quite close.

Cost £5

15th June – Colchester (1)

Discover Historic Colchester, including the Dutch Quarter – Where are the remains of a Roman Theatre? Who wrote Twinkle, Twinkle Little Star and what is the story about the statue on top of the Town Hall? Walkers should meet at the War Memorial outside the castle at 10.30 a.m.

Length of walk approximately 1½-2 hours.

Parking is recommended at the Park and Ride just off the A12 (junction 28) by the football stadium. The bus drops you in the High Street not far from the Castle.

Cost £5

28th June – Colchester (2)

A walk that will take you away from the town centre, along the side of the river Colne to the ancient port of The Hythe; along unmade lanes, past mill ponds and the National Trust-owned Bourne Mill; then across Abbey Fields, still owned by the Army, taking in the only known Roman Circus in the country, and then back to the town centre via St John's Abbey.

Please note this walk is approx. 2-2½ hours and finishes at the Roman Circus (where there is a café) before the ½ hour walk back to the town centre.

Walkers should meet at the War Memorial outside the castle at 10.30 a.m. Parking is recommended at the Park and Ride just off the A12 (junction 28).

Cost £6

26th July – Lavenham

Considered to be one of the most beautiful medieval villages in the country: this a great opportunity to discover some of the many listed buildings and beautiful views in this wonderful Suffolk village.

Meet at 10.30 a.m. at the car park by the Cock Horse, 37 Church Street, Lavenham (free with public toilets next door).

Length of walk approximately 2 hours.

Cost £5

13th September – Maldon

Starting from the Hythe, where the Thames barges moor, with a chance to visit the statue of Byrhtnoth, followed by a walk up the hill towards the town centre with its historic lanes and timber framed buildings.

Walkers should meet at The Jolly Sailor, The Hythe, Maldon, at 10.30 a.m. There is a large car park near the river. Length of walk is approximately 2 hours.

Cost £5

Essex Federation WEA Summer Walks 2017

Booking Form

To book a place on any of these walks please complete the form below and send to Joan Black, 23 Highfield Road, Chelmsford, CM1 2NF.

No confirmations will be sent unless a SAE is enclosed or email address given.

Name/s..

Address ..

Phone Number

Email

Please book places for me on the following walks:

(.....places)

(.....places)

(.....places)

(.....places)

I enclose a cheque (payable to WEA Essex Federation) for

£.....



WEA Essex Federation

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